

# Integrated Rural Health Development Training Center Nepal

INSTITUTIONAL PROFILE, 2011



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## **I. INTRODUCTION**

Integrated Rural Health, Development Training Center Nepal (IRHDTC/Nepal) is a service oriented non-profit private organization established in 1993 by experienced public health managers, policy makers, medical personnel, and academic leaders engaged in the field of public health and development in Nepal and abroad. It has already completed 18 years of tireless and dedicated effort for the capacity building and development of the human resources for health. Through collaborative efforts of experts, academicians, and supporting organizations, it has been able to significantly contribute in strengthening the technical, and leadership competencies and capabilities of the current and future public health workforce and has been able to build strong linkages between policies, program and research both in Nepal and abroad.

IRHDTC has a vision of improving the health status of the people of Nepal by enhancing the ability of the current and future public health workforce to effectively deliver the Essential Public Health Services to communities throughout the country. Inspired by the fact that trainings are the finest investments that can make a huge impact in the lives of poor and vulnerable, IRHDTC since its inception has focused on delivering quality and effective trainings based on the most scientific teaching-learning methods which can last a lifetime - and beyond. It focuses on equipping individuals with the understanding, skills, and knowledge-base that enable them to perform effectively. As an indispensable part of the training program, it has also focused on research, policy analysis, strategic planning, advocacy, program management and evaluation, which further adds value to the organization professional, scientific, managerial, and leadership competencies and capabilities.

## **II. VISION AND MISSION**

We envision a Nepal where every individual has the information and awareness needed to effectively and efficiently live a healthy life. And where every men, women and children at risk are protected early through safe, efficacious, and affordable health services.

The mission of the IRHDTC is to build the individual and institutional capacity to create effective health and population development policies and programs. We seek to develop cadres of highly skilled and motivated health professionals, service providers, academicians and leaders for individual and organizational progress and development\

### III. **OBJECTIVES**

- To execute necessary research and investigation on public health and development areas and provide proper technology to Government, Donor Communities, NGOs and CBOs.
- To operate and implement training programs contributing to the development of the maternal and child health, family planning service, vaccination service, population education service, nutrition service and promotion, prevention and treatment of infectious diseases (Emphasis on HIV/AIDS, Japanese Encephalitis and Malaria), and rural development issues.
- To develop training packages in the priority areas based on the scientific and most recent technologies.
- To provide consultancy service on the management and operation of public health and rural development programs.
- To produce materials for print and electronic media such as posters, pamphlets, charts and books; radio drama, TV commercials etc.
- To hold various symposia, seminars, and workshop on public health and development trend and assessment.
- To exchange public health and development related information by providing information to individuals and organizations through the use of Information Communication Technology.

### IV. **MAJOR EXPERTISE**

IRHDTTC has proven its excellence in the following fields:

1. Human Resource for Health Trainings and Training curriculum and package development especially in the following areas:

- **Child Health**
- **Nutrition**
- **Epidemiology of common diseases**
- **Hygiene and Sanitation**
- **HIV/AIDS**
- **Family Planning**
- **Behaviour Change Communication**
- **Monitoring and Evaluation**

2. Researches in the above mentioned fields

## V. ACTIVITIES AND ACHIEVEMENTS

2011:

### **Implementation of "Community based Newborn Care Program" in Dang and Kavre districts.**

- Providing technical assistance to UNICEF/Nepal to conduct CB-NCP health facility level and community level training and regular technical support in Dang and Kavre Districts.

2010:

### **Documentary Production**

- IRHDTC, Nepal in association with SABIN Vaccine Institute prepared a documentary to mark the "2nd World Pneumonia Day". The documentary was aired in Nepal Television and has been submitted to be aired in other international television channels. The video has also been posted in youtube.

### **Symposium for Parliamentarians on Maternal and Neonatal Health**

- IRHDTC, Nepal organized a Symposium for Parliamentarians on Maternal and Neonatal Health on 2<sup>nd</sup> October 2010 at the Hotel Soaltee Crown Plaza, Kathmandu. The major technical and financial support was from Ministry of Health and Population (Government of Nepal), Women, Children and Social Welfare Committee of Nepal's Constituent Assembly, UNICEF, Nepal and SABIN Vaccine institute.

### **CB-NCP Masters Training Of Trainers (MTOT)**

- IRHDTC with the financial and technical support from UNICEF and Child Health Division, Nepal organized a 7 days MTOT on Community Based New Born Care Program (CB-NCP). The program was organized at Maternity Home Hospital, Thapathali.

### **FCHV Fund Utilization Package development.**

- IRHDTC, Nepal provided technical support for the preparation of “FCHV Fund Utilization” package. The package development was supported by Nepal Family Health Program (NFHP) with technical inputs from the Family Health Division (FHD) and other concerned organizations.

### **Review and Finalization of Training Package of CMAM Program**

- IRHDTC, Nepal undertook the task of package review and finalization of Community Based Management of Acute Malnutrition (CMAM) for the Government of Nepal. CMAM training package was designed for Health Facility level staffs and Community Health Volunteers. The major donor for the package development was UNICEF, Nepal.

### **Monitoring of Polio Mop-up program.**

- IRHDTC, Nepal provided monitoring support to the UNICEF, Nepal for the completion of Monitoring of Polio Mop-Up program in 18 districts of Nepal.

### **Training of CB-IMCI, RH and COFP in Maoist Cantonments**

STATUS : ongoing

### **Implementation of "Community based Newborn Care Program" in Dang**

- Providing technical assistance to **UNICEF/Nepal** to conduct **CB-NCP health facility level and community level training in Dang District**. This is a pilot project which is currently being implemented in Dang district.
- STATUS : ongoing

2009:

### **Implementation of "Community based Newborn Care Program" in Dang**

- Providing technical assistance to **UNICEF/Nepal** to conduct **CB-NCP health facility level and community level training in Dang District, 2009**. This is a pilot project which is currently being implemented in Dang district. The duration of the project is of 15 months which started from September, 2009.

### **Trainings on Reproductive Health and other health issues:**

- IRHDTC/Nepal with its team of experienced public health facilitators, was assigned the task of facilitating the four different types of trainings to People Liberation Army (PLA) health workers by **GTZ/STPP** since **July, 2009** in all 6 division cantonments including **reproductive health trainings, family planning trainings, epidemiology and communicable disease management training and Integrated Management of Childhood Illnesses Training** with a view to increase their basic knowledge and skill competencies ultimately improving the quality of the health service delivery inside all cantonments.

### **Training and Education**

- As a part of its new endeavor and culmination of its experience, IRHDTC is developing short term training programs in its field of specialization and experience to individuals who want to update their skills and as a part of capacity development and career advancement. Currently, IRHDTC is developing short courses on the following areas:
  - **Project Management**
  - **Monitoring and Evaluation**
  - **Maternal and Child Health (Focusing MNC, IMCI and NCP interventions)**
  - **Behaviour Change Communication**
  - **Hygiene and Sanitation**

### **Consultancy Support for Child Health package Development in Liberia**

- **BASIC/USAID for Liberia Ministry of Health and Social welfare – Child Health Package Development, 2009**

## 2008

### **Management of Trainings on "Community Based Integrated Management of Childhood Illnesses"**

- Technical and management assistance provided to conduct CB-IMCI Community level training Program including Zinc for **Panchthar and Dolpa Districts**, supported by **UNICEF/Nepal 2008**.

### **Development of Training Packages including manuals and BCC materials:**

- Technical support provided to **GoN Ministry of Health and Population National Health Training Center and Child Health Division** to Develop and Design Community and Health Facility Level **CB – NCP** Package supported by **SCF/US and NFHP, 2008**.

## 2007

### **Management of Trainings on "Community Based Integrated Management of Childhood Illnesses"**

- Technical assistance to **USAID/NFHP** on CB-IMCI Community level training program for **Pyuthan and Syangja Districts, 2007**.
- Technical assistance to **United Mission to Nepal** to conduct CB-IMCI Health Facility and Community Level Training in **Mugu Districts, 2007**.

### **Management of trainings on "Zinc Intervention":**

- Technical assistance to **PSI/Nepal** to conduct **Zinc intervention** through National level Hospital to Dist level Health Facilities and Community level training in **Kathmandu, Bhaktapur and Lalitpur Districts, 2007**. Altogether 2600 Health workers (Physician, Nursing staff, Health Assistance, AHW/ANM including VHW/MCHWs and FCHVs) including private sector 1000 Pharmacists were also orientated.

## 2006

### **Management of Trainings on "Community Based Integrated Management of Childhood Illnesses"**

- Technical assistance to **USAID/NFHP** to conduct CB-IMCI Community Level Training in **Jumla and Surkhet Districts, 2006**. All together 128 staff were trained in community level course. In addition, 131 VHW/MCHWs were also trained for 5+ 2 days course in same districts. Similarly FCHV first and Second phase training including Dhami and Jhakri were completed in Jumla district, however, the second phase of FCHV level training in Surkhet district has been affected due to health workers' strike and re-scheduled to begin from 14th Kartik, 2063 B.S.

## 2005

### **Management of Trainings on "Community Based Integrated Management of Childhood Illnesses"**

- Technical assistance to **USAID/NFHP** to conduct CB-IMCI HF and Community level training in **Parbat and Sankuwasabha Districts** in the year **2005/06**. All together 165 HF staff were trained and conducted followed up after training in CB-IMCI (7+2 days) course. Beside this the orientation program on Zinc tablet use on Diarrhea management to FCHVs during 2nd phase training was also conducted in Parbat district. Background of the participants were Medical Officer, Health Assistant, Staff Nurse, ANM, AHW and District Supervisors, in both the district. Furthermore, VHW/MCHWs were also trained for 5+ 2 days course in same districts. Similarly FCHV first phase (5 days) and second phase (2 days) training is also completed in both the districts.
- Technical assistance to **CARE/Nepal** to conduct CB-IMCI community level training in **Doti, Dadeldhura and Bajhang Districts, 2005**. Total 192 VHW/MCHWs working in three districts were trained in Community level CB-IMCI program. Beside those 38 Facilitators from DHO/PHO including CARE staffs also trained in facilitation course.
- Technical assistance to **USAID/NFHP** to conduct CB-IMCI HF level training in **Sarlahi District, 2005**. All together 179 HF staff were trained into the 10 batches of CB-IMCI course. Background of the participants were Medical Officer, Health Assistant, Staff Nurse, ANM and AHW.

### **Development of Training Packages including manuals and BCC materials:**

- Technical assistance to **CECI/Nepal** to develop teaching learning materials related to **CDD/ARI training** to 26 NGO staff (Total 47 AHW/ANMs of the local NGOs) as per IMCI approach working in **Baitadi, Dadeldhura, Surkhet, Dailekh and Jumla Districts, 2005**.

### **Management of trainings on Reproductive Health and other public health issues:**

- Technical assistance to **CECI/Nepal** for the conduction of **CDD/ARI training** to 26 NGO staff (Total 47 AHW/ANMs of the local NGOs) as per IMCI approach working in **Baitadi, Dadeldhura, Surkhet, Dailekh and Jumla Districts, 2005**.

### **Researches**

- Impact study of **CB-IMCI training** in **Shankhuwasabha and Parbat district** in the month of **September 2005** supported by **NFHP/USAID**.

- Impact study of **CB-IMCI training** in **Sarlahi district** in the month of **September 2005** supported by **NFHP/USAID 2005**.

## 2004

### **Management of Trainings on "Community Based Integrated Management of Childhood Illnesses"**

- Technical assistance to **CORE** to successfully conduction of CB-IMCI HF level training in **Jhapa District**. Altogether 141 Health Facility Staff and 76 VHWS/MCHWs were trained in the district.

### **Researches**

- Impact study of **CB-IMCI training** in **JHAPA district** in the month of **September 2004** supported by **SCF/US**.
- Impact study of **CB-IMCI training** in **Dhankuta district** in the month of June 2004 supported by **WHO**.

## Before 2003

### **Development of Training Packages including manuals and BCC materials:**

- **Reproductive Health Package development for KIT/UNFPA/Nepal, 1999.**
- Development of **pictorial flip chart** on Mother and Child health for **PLAN Nepal** under **Bara Rautahat Micro-Credit program**, and conducted **video based Community level TOT and FCHV training in Nijgad Bara in 1999**. This is one of the successor programs of PLAN INTERNATIONAL.
- Development of **"Counselor manual on family Planning"** for **ADRA/Nepal, 1995/96**
- Revision and updating of **"VHW training and working manual"** for **NHTC/UNFPA, 1995/96**.
- Development of **"Community development package"** and conducted training based on participatory approach under the sponsorship of **ADRA/Nepal, 1995/96**.
- Development of **"VHW and MCHW manual on ARI"** for **UNICEF/Nepal, 1995**.
- Development of **"HP and SHP In charge' manual on ARI"** for **UNICEF, 1995**.
- Development of training manual and training on **"Water supply and sanitation"** for **World bank/JAKPAS, 1994/95**

### **Management of trainings on Reproductive Health and other public health issues:**

- Training program on **Participatory Rural Appraisal (PRA) and Behavior Change Communication (BCC)** from social marketing perspective to **International Labor Organization (ILO) Time Bound Program (TBP)** in collaboration with Federation of Nepal Chamber of Commerce and Industry (FNCCI) and 5 Chamber of Commerce of **Makwanpur, Morang, Kaski, Mahendranagar and Bardiya**.

### **Other activities:**

- Development of **"Integrated Supervision Tools"** supported by **World Bank/PIU/Nepal, 1996**.

### **Production of Human Resources for Health (CMA training)**

- IRHDTTC was established with a view to fulfill the shortage of human resources for health and assist the public health system of Nepal in improving the health of the people especially those who are poor and

excluded. IRHDTC in the initial phase started Community Medicine Auxiliary training program in the heart of **Butwal, Khasauli, Rupendehi district**. Since its inception this institute had produced more than 350 graduates, who are still working for government and non-governmental organizations.

## **V. *LINKAGE WITH OTHER ORGANIZATIONS:***

IRHDTC/Nepal has worked with various agencies like ADRA, Plan Nepal, JSI, NFHP, World Bank/PIU, World Bank/JAKPAS, UNICEF, UNFPA/Nepal, WHO, SCF US, CARE, CECI etc. The organization has provided consultancy services for various successful public health programs like CB-IMCI, Population and Family Health, Water supply and sanitation, Control of diarrhoeal diseases, Control of ARI, Reproductive health, Micro credit programs to marginal communities, Income generating activities, Material development, BCC and PRA training and logistics management support program etc.

IRHDTC has strengthened its capabilities by collaborating with Health and Development Associate (HAD) and ETC International having experienced human resources and international expert members in the field of comprehensive health and overall socio-economic development. IRHDTC has also been successful in carrying out international consultancies.

## **VI. *ADMINISTRATION AND MANAGEMENT***

IRHDTC currently comprises 7 professional permanent staff, 5 project staffs and 25 retainer consultants and long-term project staff. Associate Professor and Assistant Dean of Maharajgunj Campus, Institute of Medicine Ms. Kanti Lata Bhandari is the chairperson of this organization and Mr. Ram Bhandari, Public Health Expert and Training Specialist, is the executive director. Mr. Bhandari has experience of working as health training specialist for government and non-government organizations for almost 30 years contributing to the development of training packages for different levels both at national and international level.

The professional staff of IRHDTC includes public health experts, sociologists, rural development experts, statisticians, and experienced community trainers and researchers. A roster of experts and professionals from various disciplines is also maintained, in order to supplement the in-house capability. The name list of the human resources is as follows:

**PERMANENT STAFFS:**

- |                               |  |
|-------------------------------|--|
| 1. Mr. Ram Bhandari           | - Executive Director, Public Health Specialist |
| 2. Dr. Nitin Nischal Bhandari | - Team Leader/Sr. Medical Training Officer     |
| 3. Dr. Poonam Kandel          | - Technical Officer/ Medical Training Officer  |
| 4. Mr. Sudesh Raj Sharma      | - Program Officer, Public Health Expert        |
| 5. Yadu Sudan Kunwar          | - Project Officer                              |
| 6. Mr Pratik Man Pradhan      | - Admin Officer                                |
| 7. Mr Dhan Bahadur Kumal      | - Office Assistant                             |

**PROJECT STAFFS:**

- |                           |  |
|---------------------------|--|
| 1. Miss Seema Saru Magar  | - District Coordinator, Dang               |
| 2. Mr Rajan Sharma        | - District Coordinator, Kavre              |
| 3. Dr. Surya Prasad Rimal | - Medical Training Officer, CB-NCP Trainer |
| 4. Dr. Dipesh Paudel      | - Medical Training Officer, CB-NCP Trainer |
| 5. Mr. Dharma Mahatara    | - Field Coordinator, CB-NCP Program, Dang  |

***“COMMITTED TO EXCELLENCE”***